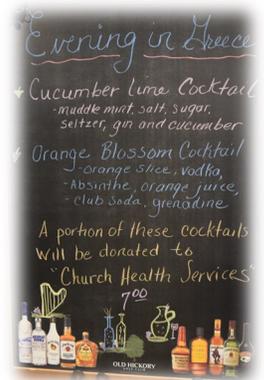




October 2021

An Evening in Greece



Thank you all!



Each year, millions of Americans face the reality of living with a mental health condition. However, mental illness affects everyone directly or indirectly through family, friends or coworkers.

That is why each year, during the first week of October, NAMI and participants across the country raise awareness of mental illness, fight discrimination and provide support through Mental Illness Awareness Week (MIAW). On October 10th of that week this year is World Mental Health Day.

We believe that mental health conditions are important to discuss year-round, but highlighting them during this week provides a dedicated time for mental health advocates across the country to come together as one unified voice.

This year's week is centered around our new awareness campaign, "Together for Mental Health," where we will focus on the importance of advocating for better care for people with serious mental illness (SMI).



EVERYONE has mental health; however, **1 IN 10** people worldwide live with a mental health condition.<sup>1</sup>

**ANXIETY & DEPRESSION** are the most common mental health conditions worldwide.<sup>2</sup>

People from all over the world use MHA's screening tools to check on their mental health.



In 2021, **44%** of individuals who take a screen and report their location lived outside the United States.

Compared to U.S. screeners, international screeners are:

**MORE LIKELY** to screen positive on the postpartum depression, youth, and parent screens.

**LESS LIKELY** to screen positive on the alcohol and substance use, bipolar, and PTSD screens.



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To receive a copy of our newsletter, contact us at [info@churchclinic.org](mailto:info@churchclinic.org). or (920) 887-1766, option 5.

## Donations



Thea rose very early in the morning to attend the AM Kiwanis meeting at Edith's to tell them about our programs and receive a donation check! What a great way to start the day, thank you AM Kiwanis!

Bev and Melissa had the opportunity to attend the Fox Lake Women's Golf end of year dinner. While there they enjoyed a great dinner and also received a donation to be used for women's breast health care from the proceeds of the August "Shotgun for a Cure" Golf Outing



## Leadership Watertown



Since 1997, Leadership Watertown has been providing class participants with an up close and in depth look at local businesses and government in the Watertown Area. Class participants meet with decision makers and become informed about local community affairs to include local infrastructure, employment and the numerous local resources available in the area. In recent years, each Leadership Watertown class has been tasked with completing a project within the community. The class works together to plan and implement the project.

As part of her job to make connections with all of our service area communities, Karen is attending Leadership Watertown this year as part of the class of 2021-2022.

Their first class was centered on team building and they met at Armory Park in Sussex to go through the training course there while getting to know their team members!



# Calendar of Events

## October

- 7: Waupun Senior Expo at  
Central Wisconsin Christian School
- 10: World Mental Health Day
- 13: Beaver Dam Senior Expo at  
Wayland Field House
- 16: "Out of the Darkness" Suicide Prevention Walk  
Dodge County Fairgrounds



## John Moser Children's Radiothon



As one of the agencies benefitting from money raised through the John Moser Children's Radiothon, Karen and Bev were on the air sharing our services and program information with listeners.

We also partnered with The Gathering Source to hold a Brat & Burger Fry fundraiser at the Juneau Piggly Wiggly with the proceeds going to the Radiothon!



## Suicide Prevention Walk - Help Stomp Out Stigma!



- ◆ Suicide is the 10th leading cause of death in the United States with the rates continuing to rise
- ◆ The greatest number of Dodge County suicides occur in people between the ages of 35-44
- ◆ The greatest number of Dodge County hospitalizations and visits to the ER occurs between the ages 15-24
- ◆ Wisconsin ranks 2nd highest in 7 midwestern states

Join our team (or start your own team) to help raise dollars and awareness to save lives and prevent suicides. You are also welcome to come out and visit our 14 booths which will have a variety of resources for you.

To register a team or join a team go to [afsp.org/dodgecounty](http://afsp.org/dodgecounty)

Money raised will go to the American Foundation for Suicide Prevention to be used to research, advocate, educate and support those people affected by suicide through programs such as Healing Conversations or through the Interactive Screening Program.

**HOPE WALKS HERE: YOU ARE NOT ALONE!**



**Our Mission:** Church Health Services, Inc. is a faith-based healthcare organization that conducts primary, dental, and mental health care clinics for low income children and adults and partners with local congregations to help them become centers for health and healing.