



Newsletter

September 2024

Dental Clinics - Let's Talk Impact!

Oral health has a crucial impact on both overall health and quality of life as listed below:

1. Preventing Dental Issues
2. Avoiding Pain and Discomfort
3. Promoting Overall Health
4. Maintaining Nutrition
5. Boosting Confidence
6. Preventing Bad Breath
7. Improving Speech



Taking care of your oral health is integral to maintaining overall well-being and quality of life. These are services that can be out of reach for our most vulnerable community members.

Our impact on community oral health in 2023

Appointments:

2,779 Scheduled
550 Emergency

Community Members Served:

1,240 Returning Patients
720 New Patients

Communities Served:

Beaver Dam - 31% of patients
Fond du Lac - 8% of patients
Waupun - 7% of patients
Dalton - 6% of patients
Watertown - 5% of patients
Other South Central Wisconsin Communities - 57%

Without your support we couldn't make this impact in our communities!

Our Mission:

Church Health Services is a Christian based healthcare organization that provides dental, mental health, and medical services for the low-income uninsured and underinsured.

Phone: 920-887-1766 • Email: info@churchclinic.org • Website: www.churchclinic.org

CHS in the Community

Back to School Activities



We have taken advantage of several “back to school” opportunities this summer. It’s a great way to have our counselors meet school staff and students ahead of the start of school, especially for our new counselors, students and their families. We have been at school supply distributions, early childhood screening days and of course open houses! These are always wonderful opportunities to share information about our services and programs. It also gives parents a chance to ask questions and meet us face to face.

Wishing all a great school year!



Mental Health Tips



Our Counselors have been busy getting our counseling spaces and any school spaces set up and ready for children. They want to share this great information with parents, grandparents and care givers who are helping children get ready for school days and have a great start to the year.

Set up a morning routine for children to include wake up time, getting dressed, breakfast, and what time they need to leave.

Transitioning from summer to school schedules can cause chaos in a home. Know that children thrive on clear expectations. Set up a schedule preparing children for bed. This can be quiet time away from electronics, getting pajamas on, eating a snack, brushing teeth and finally going to bed.

Give yourself grace to realize that change isn't easy for anyone, including our children!



Dodge County Fair - Radio Park - Calming Bottles

We had the opportunity to be part of the Radio Park Children’s activities at the Dodge County Fair this year! Jasmin, Angela, and McKayla made up our team!

They had an activity the kids could make and take with them to use at home. They made calming jars consisting of a small water bottle filled with clear glue, water, choice of food coloring, and glitter. When mixed in the capped bottle and shaken the items float around and look very pretty.

This is a great sensory activity for a child to play with when they need a break, a quiet time or to....calm down!



To receive a copy of our newsletter, email: info@churchclinic.org. or call: (920) 887-1766, option 5.

Community Support



Donations

Thank you to the Juneau and Lowell United Methodist Women. Bob delivered a generous donation of nonperishable food items and personal care items from them.

Thank you so very much!

We are very grateful for these donations and they arrived just in time as we were getting low on many of these items. We have had an increase in calls and visits from people who are in need of these items. With the cold weather coming, those needs will only increase!

Grain Train Donation

We were able to send additional boxes of medical supplies and equipment to the Orphan Grain Train organization again. This partnership allows us to accept medical supplies and equipment from donors who want to see them get used as opposed to thrown out.

Any surplus supplies or items we are unable to use go help those in other parts of our country and also world wide.



We ask that donations be of unexpired items.

Little Free Pantry

We are very grateful to all individuals and organizations that support our Little Free Pantry with donations of nonperishable food and personal care items.



Items can be placed directly in the pantry anytime day or night. If you have large quantities to donate, we ask that you bring them to our office during our office hours M-TH, 8:30 am - 4:30 pm.

Items we are always in need of are deodorant, body wash, shampoo, toothbrushes, toothpaste, pasta items such as spaghetti, spaghetti sauce, mac n cheese, canned tuna, other canned meats, soups, and ramen. Thank you!

Watch for the Story Walk!

This September we will again be partnering with the Dodge County Area Arts Association and Dodge County ADRC to help illustrate and raise awareness about dementia in our communities. Watch for both lawns to be covered in purple flags illustrating the number of people affected by dementia in Dodge County. Take a moment to read the story "Grandpa and Lucy" which shares ways to better understand and communicate with our loved ones affected by it.



QR Code to Donate

Want to support our cause?



Scan the QR code to donate today!

If you would like to make a donation to our organization, you can use this QR Code. Scan it with your phone camera and it will connect you to our online donation site.

Our newsletter is brought to you by a donation from Mittera!



Staff

Welcome to our Newer Staff!

We have welcomed several new employees this summer!

Ian has joined our dental staff as a dental assistant and our dentists are happy to have the help!

Mollie, Harlee, and Zoe are counselors who will be seeing clients in our clinic and also in schools.

Mollie is a Clinical Substance Abuse Counselor. She is also working on obtaining a specialty to treat first responders and military personnel.

Harlee is also a Substance Abuse Counselor. She has Bachelor's Degree in Psychology with a minor in Criminal Justice. She has spent time working in outpatient medicated assisted treatment and running group therapy with the Department of Corrections.

Zoe is an Advanced Practice Social Worker (APSW) Education, she obtained a Bachelor of Science in Social Work from the UW-Eau Claire and a master's in clinical social work from Winona State University. She is a licensed social worker in Minnesota and Wisconsin.



Suicide Prevention Awareness Walk



Every year we take part in the Out of the Darkness Walk and open up our Team "Stomping Out Stigma" to all staff. The walk is held Sept 14th this year at Marsh Haven.

There is still time to sign up and join our team or start your own. Individual walkers are also welcome! For more information and to join our team Stompin Out the Stigma go to <https://afsp.org/chapter/wisconsin#events> and look for the Horicon Marsh Walk event.

Goodbye to Stacie and Hannah



We are sad to say goodbye to Stacie and Hannah! They have been very valued members of our staff who have chosen to leave for other positions.

We will miss them both greatly and we hope they stay in touch or stop in from time to time.

