



Newsletter

March 2024



We had a great turnout for our recent Open House! Thank you to all who attended, we appreciate your support!



Our Mission:

Church Health Services, Inc. is a faith-based healthcare organization offering medical, dental and mental health care clinics for low income children and adults. We partner with local congregations through our Parish Nurse Program to help them become centers for health and healing.

Phone: 920-887-1766 • Email: info@churchclinic.org • Website: www.churchclinic.org

CHS in the Community



In February 2000, President Bill Clinton officially dedicated March as National Colorectal Cancer Awareness Month. Colorectal cancer refers to cancer in the colon and/or rectum, or both. Colorectal cancer is the second leading cause of cancer death and third most common cancer overall. It affects men and women of all racial and ethnic groups, and is most often found in people 50 years or older. The average lifetime risk for men is 1 in 23, for women 1 in 25.

Most colorectal cancers develop first as polyps, which are abnormal growths inside the colon or rectum that may later become cancerous if they are not removed. Colorectal cancer is very treatable when it is discovered early. Even if it spreads into nearby lymph nodes, surgical treatment followed by chemotherapy is very effective.

Screening tests help your doctor find polyps or cancer before you even have symptoms. This early detection may prevent polyps from becoming cancer and could jumpstart treatment earlier, when it is most effective. It is usually recommended to start getting screened at age 50. Most common screening tests are; colonoscopy, Fecal Immunochemical Test (FIT or iBOT), and flexible sigmoidoscopy. It is best to talk with your health care provider to determine which test will be best for you depending on your age and family history.

There are many good resources available for more information, www.aacr.org and www.cdc.gov are two of them.



Rick Vant Hoff, CHS Board member, lives near Trinity Reformed Church in Waupun. Rick was aware they had a new Pastor and went to the church office to introduce himself and welcome Pastor Bryant to the community.

He also took the opportunity to tell him about the services we have available. A few days later he was informed that Church Health Services would be Trinity's mission for the first quarter of the year and was invited to speak to the congregation.

On February 25, Rick gave Trinity congregation members a brief overview of Church Health Services, our recent renovation and the services we offer. After the service, he stayed to answer questions and hand out informational brochures. We couldn't do what we do without our great volunteers!



**We have medications and medical supplies and equipment available.
If you or someone you know is in need of something, please ask us!**

To receive a copy of our newsletter, email: info@churchclinic.org. or call: (920) 887-1766, option 5.

Community Support

Call-A-Thon 2024

Your donations help us provide the following services and more!

- 5,600 + children and adults are treated in our Dental Clinic.
- Our dental clinic had 2,185 appointments seeing about 10 patients per day in 2023.
- Our mental health counselors are seeing 115 children in their schools weekly.
- We provide prescription and over the counter medications for free to low- income community members.




A shout out of **THANKS** to both Meadow View Elementary School PTO— Waupun and the Alpha Xi Educator Group. They collected personal care items, first aid, and office supplies from their members and donated the items to us!

THANK YOU ALL!



If you are looking for a great Fish Fry to go, head to the Waupun Knights of Columbus Lenten Friday Night Fish Fry! For nine Fridays during Lent, this is one of the best fish fries in the area! They began on Friday, February 2, 2024. They will take place at Saint Joseph's Parish Center, serving 5 pm to 7 pm. Dine in or carry out.



The meal consists of four beer battered cod fillets, choice of French Fries or Potato Salad, Cole Slaw, Marble Rye bread, tartar sauce and dill pickle spear. Cost will be \$14 per meal. All profits go towards charity or worthy causes in the community.

We are excited to be chosen as recipients of the March 22 fish fry held at St. Joseph's in Waupun.

Our little free pantry has frequent visitors. This year has been busier than ever! People of all ages are stopping by! Your donations of granola bars, pop tarts, oatmeal, peanut butter, soup, ramen, mac-n-cheese, rice, spaghetti sauce, pasta, tooth paste, tooth brushes, deodorant, feminine hygiene items, soaps, shampoos, body wash, and more help us to stock these needed items. Nonperishable food items and personal care items can be placed in the pantry at any time or if you have a lot to donate, please drop your items off inside any Monday thru Thursday. Thank you again to all who donate these supplies!



Staff



Bev, Karen, and Maria recently met with SSM Samaritan Clinic staff. Their clinic's mission is to assist with non-emergency primary care, vision care, laboratory and pharmacy services. As we both have similar missions and serve similar low income populations, this was a great opportunity to share what we are doing and in that



conversation we found a number of ways we can work together to help all of our patients and clients even better! As our service area includes the Ripon area, Bev and Karen stopped by Hometown Broadcasting to get acquainted with what opportunities there are for us to let more people know what we do. You might hear us on the "Morning Wake" show with Bob Nelson sometime soon!



We recently had guests visit to learn more about what it is we do. Alpha Xi is an International Society for Key Women Educators.



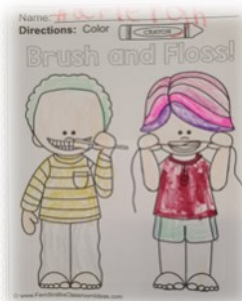
Thea gave them an overview of our organizations history, the programs and services we offer, and answered their really great questions. They surprised us with a monetary donation and members also brought us a number of personal care items we will share. Members were also given a tour of the facility for a first hand look at the renovated spaces.

Children's Dental Health Month Coloring Contest Winners

During the month of February we held a coloring contest for our younger dental patients. Among the many entries our judge determined the results. Prizes were awarded to the top four places with everyone receiving a gift bag of goodies to enjoy. Thank you to all our participants and congratulations to the winners!



1st —Ember



2nd—Harleigh



3rd—Serenity



Hon. Mention—Johnny

