



Newsletter

December 2024

Do you want to make a significant gift that will transform the work of Church Health Services for years to come?

Direct donation to CHS—can be program specific (Operations, Mental Health, Dental, etc.)

Donor advised fund with Beaver Dam Area Community Foundation—designating CHS

Talk to your advisor—Our community is rich with talented financial advisors who are well-versed in charitable giving and tax advantages.

Create a giving plan — Your community foundation can help you create a strategic giving plan to ensure your donations make the greatest impact on the causes you care about while maximizing tax advantages.

Establish a fund for longevity of giving—Consider opening a donor-advised fund at the Beaver Dam Area Community Foundation.

Consider a stock gift—Gifts of appreciated stock have double the tax benefit of avoiding capital gains tax on the appreciated value while receiving a deduction for the fair-market-value of the appreciated gift.



Fundraising Event

All of us in attendance thoroughly enjoyed the Joe “Schmoes and their Improv Comedy performance and there was also some great audience participation! While these events are meant to raise funds to support services and programs, they would be very difficult to do without the help of our volunteers, supporters and sponsors. Another huge **thank you** to our sponsors, WDS Construction, Klondowski Real Estate and Rick & Laurie Vant Hoff! Many thanks also to Beaver Dam Area Community Theatre, Chippy’s Popcorn and to our evening’s volunteers. These volunteers did everything from mixing drinks, working concessions, help find your seat, vacuuming and garbage take out!



Our Mission:

Church Health Services is a Christian based healthcare organization that provides dental, mental health, and medical services for the low-income uninsured and underinsured.

Phone: 920-887-1766 • Email: info@churchclinic.org • Website: www.churchclinic.org

CHS in the Community



Leadership Beaver Dam Tour

We had the opportunity to meet with this year's Leadership Beaver Dam Group. They came for a tour and Thea spent time sharing information about our programs and services along with some of our dental and mental health service data.



So often our community members are not aware of what our area nonprofits all do, unless of course they had a need of those services.

We are grateful to have been a part of their "non-profit" session!

Diabetic Meds & Supplies

If you or someone you know is in need of Diabetic supplies or medications, we have a variety of these supplies and may be able to help you get them. We need you to contact your health care provider and ask them to fax your prescription to us at 920 887-2322, or you can also bring it in to us. If we have the needed medications or supplies, we will give them to you at no charge.

Support our Services!

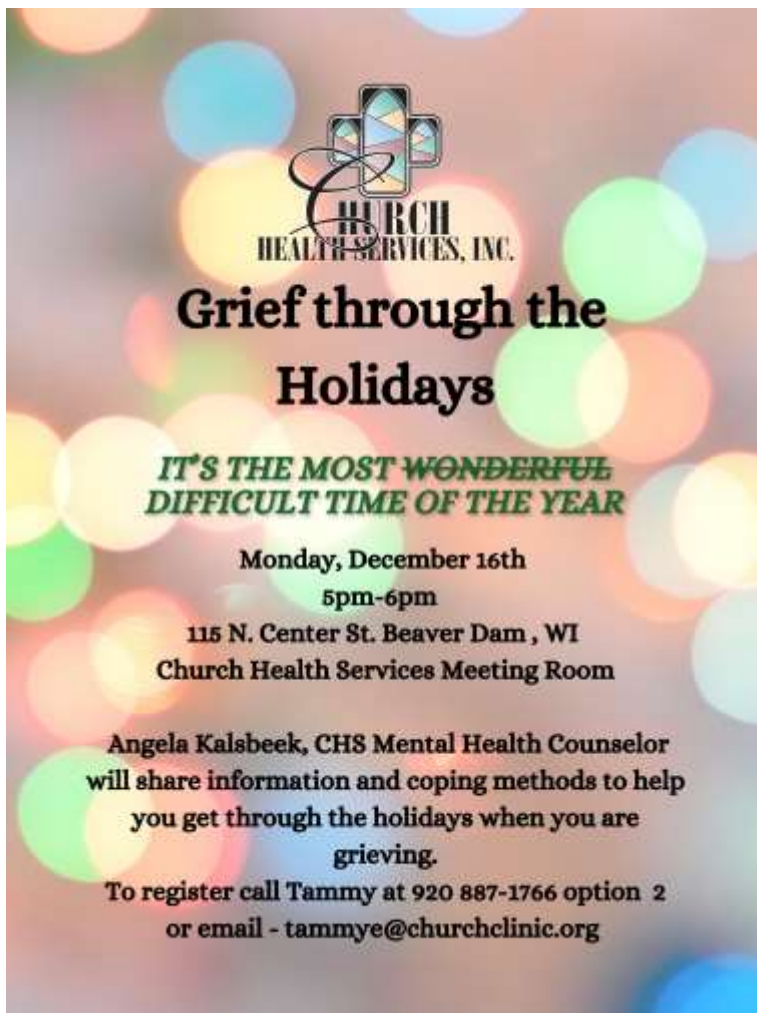
Scanning the code links you directly to our website and PayPal account.


Credit and debit cards work also!


Want to support our cause?



Scan the QR code to donate today!




Church Health Services, Inc.
Grief through the Holidays
IT'S THE MOST WONDERFUL DIFFICULT TIME OF THE YEAR
Monday, December 16th
5pm-6pm
115 N. Center St. Beaver Dam, WI
Church Health Services Meeting Room
Angela Kalsbeek, CHS Mental Health Counselor will share information and coping methods to help you get through the holidays when you are grieving.
To register call Tammy at 920 887-1766 option 2 or email - tammye@churchclinic.org

To receive a copy of our newsletter, email: info@churchclinic.org. or call: (920) 887-1766, option 5.

Community Support



Thank you Dr. Brieman

We received a visit from Dr. Mark Brieman the Tuesday after Thanksgiving. It was great to see him again as he was one of the first dentists to help us out with dental care! He stopped by not only to say hi but to also donate some needed dental supplies and a monetary donation in honor of Giving Tuesday!

THANK YOU!

American Packaging Grant

American Packing Corporation in Columbus has several core values, one of which is Community. Community for them means they encourage their employees to take active roles in their communities, lead by example, and be champions for causes they believe in. Lizette submitted a grant application for us and we were awarded \$500 as a result. Thank you for helping us provide needed dental and mental health services to those in need!



BDUSD Food Drive

A shout out of thanks to all who participated in the BDUSD Food drive and to the organizers.

We were happy to receive some of those donations to use in our Little Free Pantry located on the Maple St. side of our building. These items will help fill our Little Free Pantry and provide a variety of food items to those who are in need. We are so grateful to receive these donations from

individuals, business and organizations!

Personal care items are another need for so many in our area communities. We all know the cost of going to the store to buy toothpaste, a toothbrush, feminine hygiene supplies, deodorant, shampoo and conditioner.

These are also greatly welcomed!



Time to get Your Flu Vaccine!

National Influenza Vaccination Week (NIVW) is a great opportunity to remind everyone 6 months and older that there's still time to protect themselves and their loved ones from the flu by getting their annual vaccine. When you get a flu vaccine, you reduce your risk of illness, and flu-related hospitalization if you do get sick. This week is meant to remind people that there is still time to benefit from the first and most important action in preventing flu illness and potentially serious complications: get a flu vaccine today. Even though the observance week is past, a vaccine will still benefit you and your loved ones!



Staff



Sand Tray Play and Therapy

Angela shares this information about some of the ways she works with her clients. She says, "I love working with clients using these sand trays because it is a way for them to express their thoughts and feelings using this sandbox, toys, and other items to show their inner thoughts, struggles and concerns. This play therapy helps clinicians interpret how clients are doing. This form of therapy was developed by Dr. Nora Kalff, a psychologist in the late 1950s".



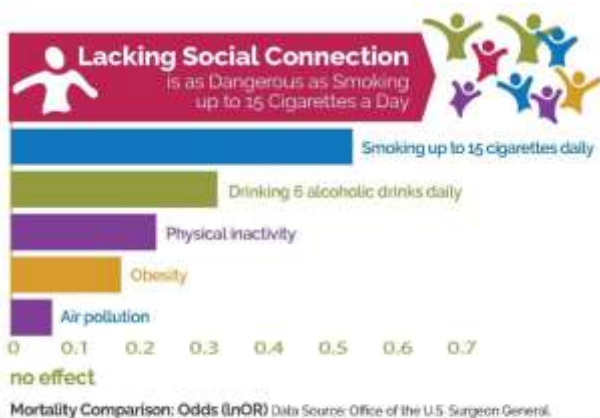
Stronger Together Call to Action

The Greater Watertown Community Health Foundation has been working diligently to lay the groundwork for building a more connected community. The goal is to have hundreds of community members and dozens of organizations sign a pledge to get connected. Their Call to Action: What do we know about mental health and emotional well-being in our community. We all know how essential relationships are to our health and well-being and how loneliness and isolation make very negative impacts on us.

They have collected data from all ages regarding depression, loneliness and isolation and ask us all to get involved and be part of the solution. This can be as simple as spending time with those you love, focus on each other, embrace solitude, help and be helped.

Our organization is one that has committed to this 100% and will be part of the solutions!

Additional information can be found on this site StrongerTogetherWI.com and we will also keep you updated! The graphs are from their media files.



Percent of U.S. Adults who are Lonely



Data Source: Ipsos polling for Cigna U.S. Loneliness Index, 2019.

STRONGER Together
Building a more connected community



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