



# December 2021



Thea O'Connor

Do you want to make a significant gift that will transform the work of Church Health Services for years to come?

Some ways to have a lasting impact on our future are:

- ◇ Direct donation to CHS
- ◇ Donor advised fund with Beaver Dam Area Community Foundation—designating CHS
- ◇ Direct Donation to Church Health Services Endowment Fund through Beaver Dam Area Community Foundation
- ◇ Include a gift to CHS in your Will
- ◇ Add CHS as a Beneficiary to a Life Insurance Policy



## 12 Ways to Give

1. Volunteer to help with our special events
2. “Like“ us on Facebook / Instagram and share our posts
3. Share your specific skills or talents by volunteering
4. Share your CHS story with us to share with others
5. Shop on Smiles.Amazon.com, select us as your charity
6. Donate nonperishable food items to our Little Free Pantry
7. Donate your unused medications
8. Volunteer to make calls for our Call-a-thon
9. Set up a Facebook fundraiser
10. Donate online at churchclinic.org
11. Buy extra cleaning or office supplies to donate
12. Write a check

### A Few Guidelines for End of Year Giving

**Talk to your advisor**—Our community is rich with talented financial advisors who are well-versed in charitable giving and tax advantages.

**Create a giving plan** — Your community foundation can help you create a strategic giving plan to ensure your donations make the greatest impact on the causes you care about while maximizing tax advantages.

**Establish a fund for longevity of giving**—Consider opening a donor-advised fund at the Beaver Dam Area Community Foundation. Let the Community Foundation do the legwork.

**Plan the time of your gift**—A gift by check is complete when mailed (postmarked) to the charitable recipient, even when not cashed until the following year.

**Consider a stock gift**—Gifts of appreciated stock have the double tax benefit of avoiding capital gains tax on the appreciated value while receiving a deduction for the fair-market-value of the appreciated gift.



## Immunizations



The theory of immunization is to introduce, in a controlled way, a disease to you so your immune system can develop antibodies to that disease. This is no guarantee you will not become infected by that disease in

the future, but if you do, you will become less seriously ill and possibly avoid hospitalization. So, which immunizations should you get? The answer has many moving parts; it depends on your age, hobbies, work and what those activities expose you to. Your general health, allergies and previously existing conditions also factor in. In general, adults should get a yearly flu shot.

The “pneumonia shot” was reformulated a few years ago and the new one provides more protection from pathogens that can cause pneumococcal pneumonia.

Shingrix, the shingles immunization, was also reformulated and is now a 2-dose series.

[This new reformulation provides longer protection.](#)

Depending on your work and hobbies, a tetanus shot and/or hepatitis vaccine may be beneficial for you. For children check with your health care provider for the most up-to-date schedule.

It is always best to check with your health care provider first for the best advice for your individual situation. Remember your health care provider works for you. Make sure your questions and concerns regarding immunizations and which you should receive are answered to your satisfaction.

*Merry Christmas!*

*Bob*

## Fatal Vision Experience



Lindsay Brier, Jr/Sr High Counselor, SRO Officer Hraban, and Lindsey Wagner, AODA Coordinator, recently worked with Waupun students to give them a chance to experience the effects of what it is like to be “under the influence” by putting on the fatal vision glasses and then perform a sobriety road test. Students got a good feel for what happens to your vision and balance when you have taken a “few alcoholic drinks.” They found out how difficult it is to maintain your balance among other things!



## Call-a-thon 2022



Jim Flynn, Call-a-thon Chairman is gearing up for the 2022 Call-a-thon, it will be here before you know it! Jim and his team have set a goal of \$40,000 to reach. Jim is always looking for additional calling volunteers. They will be making calls from InterQuest phones on the evenings of January 10th, 11th, 17th and 18th.

If you would like to help or want to be added to a calling list, email us at [info@churchclinic.org](mailto:info@churchclinic.org).

Donations are always gratefully accepted!



To receive a copy of our newsletter, contact us at [info@churchclinic.org](mailto:info@churchclinic.org). or (920) 887-1766, option 5.

# Thank You for the Donations



We had a meeting with WDS Works to review our Rock River Wellness Center project where we declared the project officially complete. So many thanks!



Watertown Chamber of Commerce held an online auction for Giving Tuesday and raised \$100; they then spun a wheel to determine which local nonprofit Chamber member would be the beneficiary. We were the lucky ones! Merry Christmas to us!

One of our wants for the Wellness Center was a large screen TV. This will be used by counselors and students for interactive activities, educational videos and more! Thank you Rick Griep!



## Visits



Sheriff Dale Schmidt, Scott Mittlestadt and Chad Enright paid us a visit to work out the details of our partnership with the Sheriff's Department to assist them with staff needs in the area of mental health.

We had a great visit with the owners of Healing Relationships! Eric and Joy Wagner have located their business in Juneau. Joy is a counselor working with families and individuals for family and couples therapy. Coincidentally, Joy was a part of our CHS family as an intern.



## Holiday Helpers!



Our staff has been busy buying and wrapping gifts for our two Holiday Help families from the Waupun area. We have done this now for the second year and love doing it!



# Calendar of Events

## December 2021

12-02: Positive Parenting Seminar  
2-3:30 pm - virtual

12-09: Positive Parenting Seminar  
2-3:30 pm - virtual

12-16: Positive Parenting Seminar  
2-3:30 pm - virtual



*Merry Christmas and Happy New Year to all!*

## Little Free Pantry



filled for those who are in need. Blessings!

While it's the most wonderful time of the year for a lot of us, for others it is only a time when there is uncertainty about how they will be able to afford food and personal care items. Thank you to Josilyn and Gillyan and all those who have stopped by our Little Free Pantry to donate items to keep it



## January 2022

1-10: Call-a-thon—evening

1-11: Call-a-thon—evening

1-17: Call-a-thon—evening

1-18: Call-a-thon—evening

## Drug Repository



Please remember we are able to accept donations of unused over-the-counter supplements, medications and prescription medications in their original packaging. We are then able to get them to people who may not be able to afford to purchase something as simple as pain reliever. They may have a prescription for medication that they cannot afford to pick up. We are able to work with that person's health care provider to get needed medications free of charge to them.

## Staff Development and Team Building



Our staff spent a half day of staff development and team building in November. Erv Munro taught us more about Cultural Diversity and Tracy Scheffler, 5 Stones, updated us on trafficking and grooming and what 5 Stones is doing. We went to Kiss My Axe in Watertown for our team building activity where everyone had fun and no one was injured while enjoying their ax throwing!



**Our Mission:** Church Health Services, Inc. is a faith-based healthcare organization that conducts primary, dental, and mental health care clinics for low income children and adults and partners with local congregations to help them become centers for health and healing.